

Duration: 1-8 hours

Audience: Dental Hygienists, Dentists, Dental Assistants

Sleep & Breathing Playbook

dentistry's role...simplified



It's out there and it's affecting your patients. Sleep apnea has less than a 20% diagnosis rate. What's our role in screening and improving the breathing health of our patients? What do we need to know? How do we integrate it into our busy practices? How do we treat it?

Learn about our opportunities that go beyond mandibular advancement devices and referrals for CPAPs. Improving the anatomy of our patients' airways is key and WE are in the perfect spot to do just that.

Learning Objectives

- Understand your role in screening for breathing and airway problems
- Identify sleep-disordered breathing in our dental patients
- Protect patients' teeth and your restorations by protecting their airways



MEET DR MIKE CZUBIAK pronounced "zoo-be-ack"

Dr Mike is a general dentist, author, and podcaster. He graduated from UCLA in 1988 and created a complete health practice in Camarillo, California. He wrote the book Hygiene Superstar to illuminate the connection between oral health and overall health. He loves talking about inflammation reduction, airway, culture, and leadership. He can be heard hosting 3 podcasts- Uncomfortable Dental Conversations, Hygiene Superstar, and the Camarillo Smiles Dental Podcast.

To book Dr Mike for your next event, email mikeczdds@gmail.com